

MONDAY

Time	Class / Program	Age	Rank	Floor
3:00 - 4:00pm	Kicking Kids After-School Karate Kamp: Homework Time			
3:00 - 4:00pm	Private Lessons / Private Rank Tests			Main
4:00 - 4:40pm	Youth: Karate	1 st - 2 nd Grade	Yellow Belt & above	Main #1
4:00 - 4:40pm	Youth: Karate	3 rd Grade & up	Yellow Belt & above	Main #2
4:40 - 5:20pm	Youth: Karate	1 st - 2 nd Grade	Blue - Brown Stripe	Main #1
4:40 - 5:20pm	Youth: Karate	3 rd Grade & up	Blue - Brown Stripe	Main #2
5:20 - 6:00pm	Youth: Karate	1 st - 2 nd Grade	White - Orange Stripe	Main #1
5:20 - 6:00pm	Youth: Karate	3 rd Grade & up	White - Orange Stripe	Main #2
6:00 - 6:30pm	Little Ninjas: Karate	Pre K & K		Main #1
6:00 - 6:45pm	TEAM (Forms & Fighting)	All Ages	All Ranks	Main #2
6:45 - 7:45pm	Adult: Karate		All Ranks	Main
7:45 - 8:30pm	Adult: Karate		Brown & Blackbelts	Main



TUESDAY

Time	Class / Program	Age	Rank	Floor
12:00 - 2:00pm	Adult: Open Floor / Strength & Conditioning / Private Training			Main
12:15 - 1:00pm	Adult: Karate		All Ranks	Main
3:00 - 4:00pm	Kicking Kids After-School Karate Kamp: Homework Time			
3:00 - 4:00pm	Private Lessons / Private Rank Tests			Main
4:00 - 4:40pm	Youth: Karate	3 rd Grade & up	White - Orange Stripe	Main #1
4:00 - 4:40pm	Youth: Karate	1 st - 2 nd Grade	White - Orange Stripe	Main #2
4:40 - 5:20pm	Youth: Karate	3 rd Grade & up	Blue - Brown Stripe	Main #1
4:40 - 5:20pm	Youth: Karate	1 st - 2 nd Grade	Blue - Brown Stripe	Main #2
5:20 - 6:00pm	Youth: Karate	3 rd Grade & up	Yellow Belt (& stripes)	Main #1
5:20 - 6:00pm	Youth: Karate	1 st - 2 nd Grade	Yellow Belt (& stripes)	Main #2
6:00 - 6:40pm	Youth: Karate	1 st Grade & up	Orange Belt & above	Main
6:30 - 7:30pm	Adult: Dojo Fight Club		All Ranks	Periwinkle
6:40 - 7:20pm	Youth: Karate	K - 7 th Grade	All Ranks	Main



WEDNESDAY

Time	Class / Program	Age	Rank	Floor
3:00 - 4:00pm	Kicking Kids After-School Karate Kamp: Homework Time			
3:00 - 4:00pm	Private Lessons / Private Rank Tests			Main
4:00 - 4:40pm	Youth: Karate	1 st - 2 nd Grade	Yellow Belt & above	Main #1
4:00 - 4:40pm	Youth: Karate	3 rd Grade & up	Yellow Belt & above	Main #2
4:40 - 5:20pm	Youth: Karate	1 st - 2 nd Grade	Blue - Brown Stripe	Main #1
4:40 - 5:20pm	Youth: Karate	3 rd Grade & up	Blue - Brown Stripe	Main #2
5:20 - 6:00pm	Youth: Karate	1 st - 2 nd Grade	White - Orange Stripe	Main #1
5:20 - 6:00pm	Youth: Karate	3 rd Grade & up	White - Orange Stripe	Main #2
6:00 - 6:30pm	Little Ninjas: Karate	Pre K & K		Main #1
6:00 - 6:45pm	TEAM (Weapons & Fighting)	All Ages	All Ranks	Main #2
6:45 - 7:45pm	Adult: Karate		All Ranks	Main
7:45 - 8:30pm	Adult: Karate		Orange Belt & above	Main



THURSDAY

Time	Class / Program	Age	Rank	Floor
12:00 - 2:00pm	Adult: Open Floor / Strength & Conditioning / Private Training			Main
12:15 - 1:00pm	Adult: Karate		All Ranks	Main
3:00 - 4:00pm	Kicking Kids After-School Karate Kamp: Homework Time			
3:00 - 4:00pm	Private Lessons / Private Rank Tests			Main
4:00 - 4:40pm	Youth: Karate	3 rd Grade & up	White - Orange Stripe	Main #1
4:00 - 4:40pm	Youth: Karate	1 st - 2 nd Grade	White - Orange Stripe	Main #2
4:40 - 5:20pm	Youth: Karate	3 rd Grade & up	Blue - Brown Stripe	Main #1
4:40 - 5:20pm	Youth: Karate	1 st - 2 nd Grade	Blue - Brown Stripe	Main #2
5:20 - 6:00pm	Youth: Karate	3 rd Grade & up	Yellow Belt (& stripes)	Main #1
5:20 - 6:00pm	Youth: Karate	1 st - 2 nd Grade	Yellow Belt (& stripes)	Main #2
6:00 - 6:40pm	Youth: Karate	1 st Grade & up	Orange Belt & above	Main
6:30 - 7:30pm	Adult: Dojo Fight Club		All Ranks	Periwinkle
6:40 - 7:20pm	Youth: Karate	K - 7 th Grade	All Ranks	Main



FRIDAY

Time	Class / Program	Age	Rank	Floor
3:00 - 4:00pm	Private Lessons / Private Rank Tests			Main
3:00 - 4:00pm	Youth: Help Class	*Subjects are scheduled weekly		Main #2
4:00 - 4:30pm	Little Ninjas: Karate	Pre K & K		Main #1
4:45 - 5:30pm	Special Weapons Instruction	All Ages	All Ranks	Main
5:30 - 6:15pm	TEAM (ELITE)			Main
6:30 - 7:30pm	Adult: Karate		All Ranks	Main
6:30 - 7:30pm	RANK GRADUATION	*Friday Following Rank Test. No Adult Class.		Main

*Special Weapons Instruction Rotation: January-April (Sword), May-August (Bokken), September-December (Contemporary Bo)

Revised & Effective: August 22, 2016

BRIAN PENA'S



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NEW FOR 2016 / 2017:

UNLIMITED CLASSES

All Karate students - both youth and adult are invited and encouraged to attend as many classes available for their age and rank throughout the course of each week.

Many different time options are available!

We have learned over the years that the most successful students in our Dojo are the ones who attend class regularly and/or have a family member supporting them throughout their journey.

Karate is about discipline, and the first lesson in discipline is showing up for class.

PRIVATE TRAINING

Whether you or your child are preparing for an upcoming Rank Test, want to step up your game for the next Karate tournament, want to learn new material or just want some one-on-one instruction you simply cannot beat private lessons with Sensei or any Blackbelt at The Karate Dojo!

Many different time options are available!

Schedule your personal time with our Office Director today!!

RANK TEST / GRADUATION

Rank Test will generally be held on the final Saturday morning of each month.

Rank Graduation will generally be held on the Friday following each Rank Test.

Each student will be tested and scored to determine if they have learned enough of their material to move onto the next belt level. We only promote our students when they are ready to be promoted.

Rank is not guaranteed in our Dojo.

Private Rank Testing is available.

See Office Manager for Pricing

Student Must Attend Graduation to Receive New Rank

ASK US ABOUT:

